



NEWS RELEASE

HOCKEY CANADA

Practice Like Some Of Canada's Best

Want a chance to learn from some of this country's best coaches?

Hockey Canada wants to give all minor hockey coaches the tools they need to get the most out of their practices. Starting today, hockeycanada.ca will add practice plans put together by successful coaches.

Our first is a practice plan used by the coaching staff of the National Women's Under-18 Team – head coach Stephanie White, and assistant coaches Danielle Goyette and Caroline Ouellette.

This is a new feature of Coaches' Club, which is an online coaching resource for hockey. Additional practice plans will be added to the Coaches' Club website, along with Hockey Canada's website.

Coaches' Club, Hockey Canada's online coaching library, is a complete resource containing drills, articles and videos. To access this resource, including more drills from Canada's best coaches, visit www.coachesclub.ca.

Check back often for the latest practice plan added to the Coaches' Club site.